

# MAE 545: Lecture 10,11 (3/28, 3/30)

## Helices and spirals

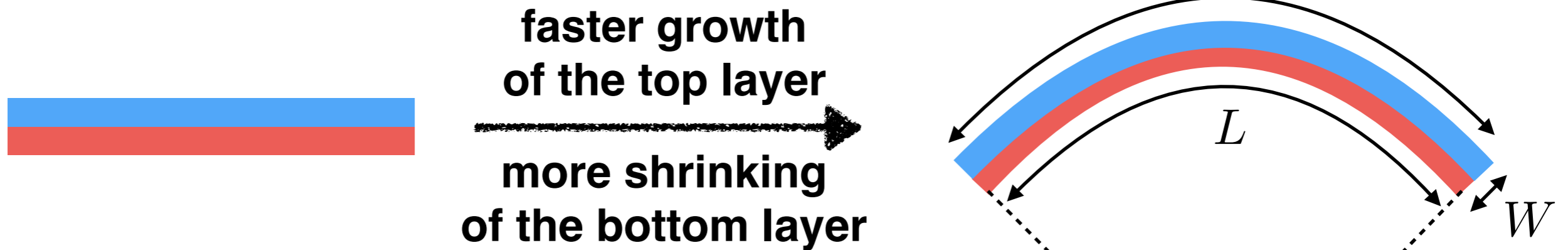


# Helices in plants



**How are helices formed?**

# Differential growth or differential shrinking produces spontaneous curvature



Differential growth (shrinking) of the two layers produces spontaneous curvature

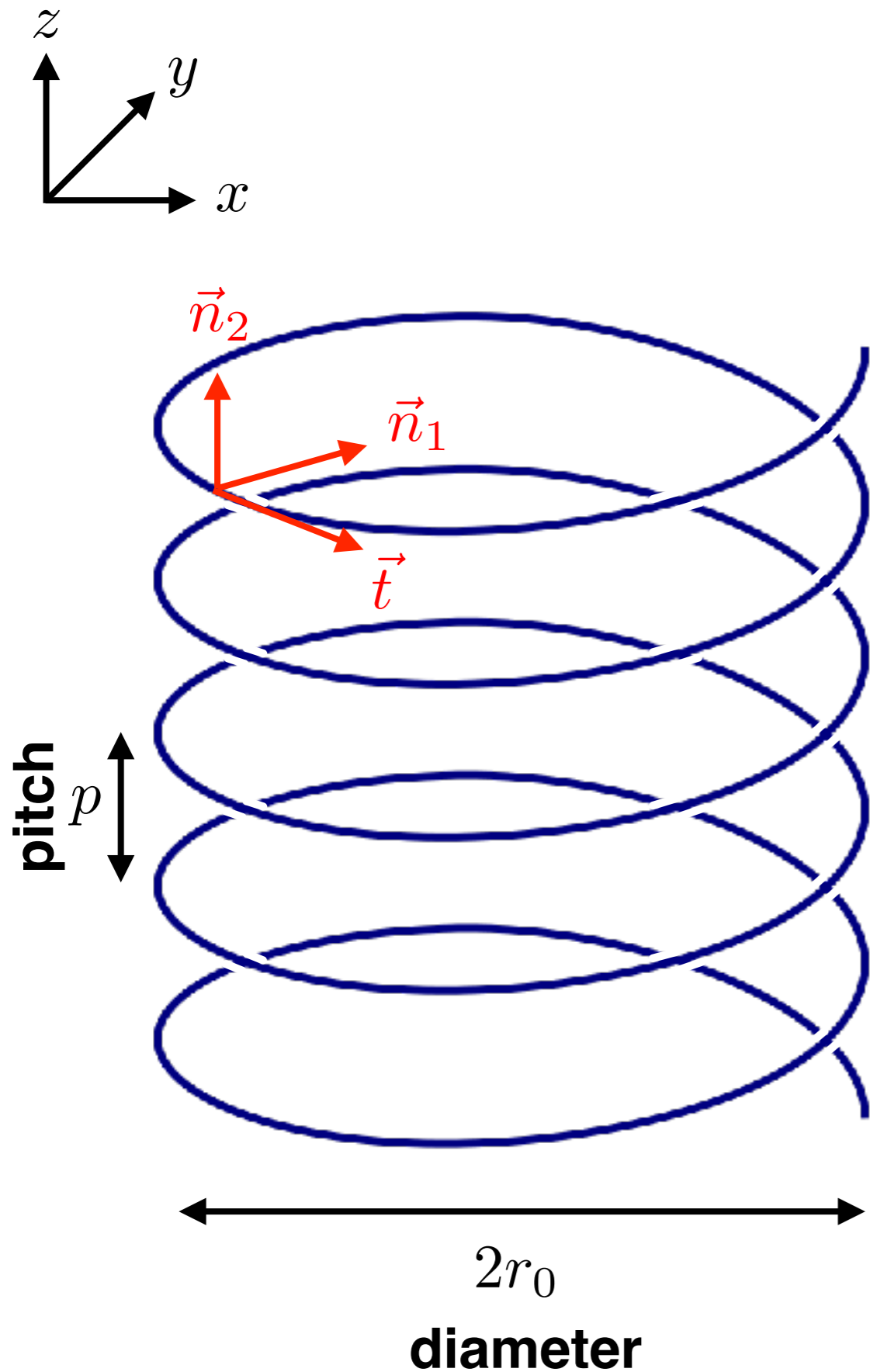
$$K = \frac{1}{R} = \frac{\epsilon}{W}$$

$$\frac{L(1 + \epsilon)}{L} = \frac{R + W}{R}$$

Filaments that are longer than  $L > 2\pi R$  form helices to avoid steric interactions.



# Helix



## Mathematical description

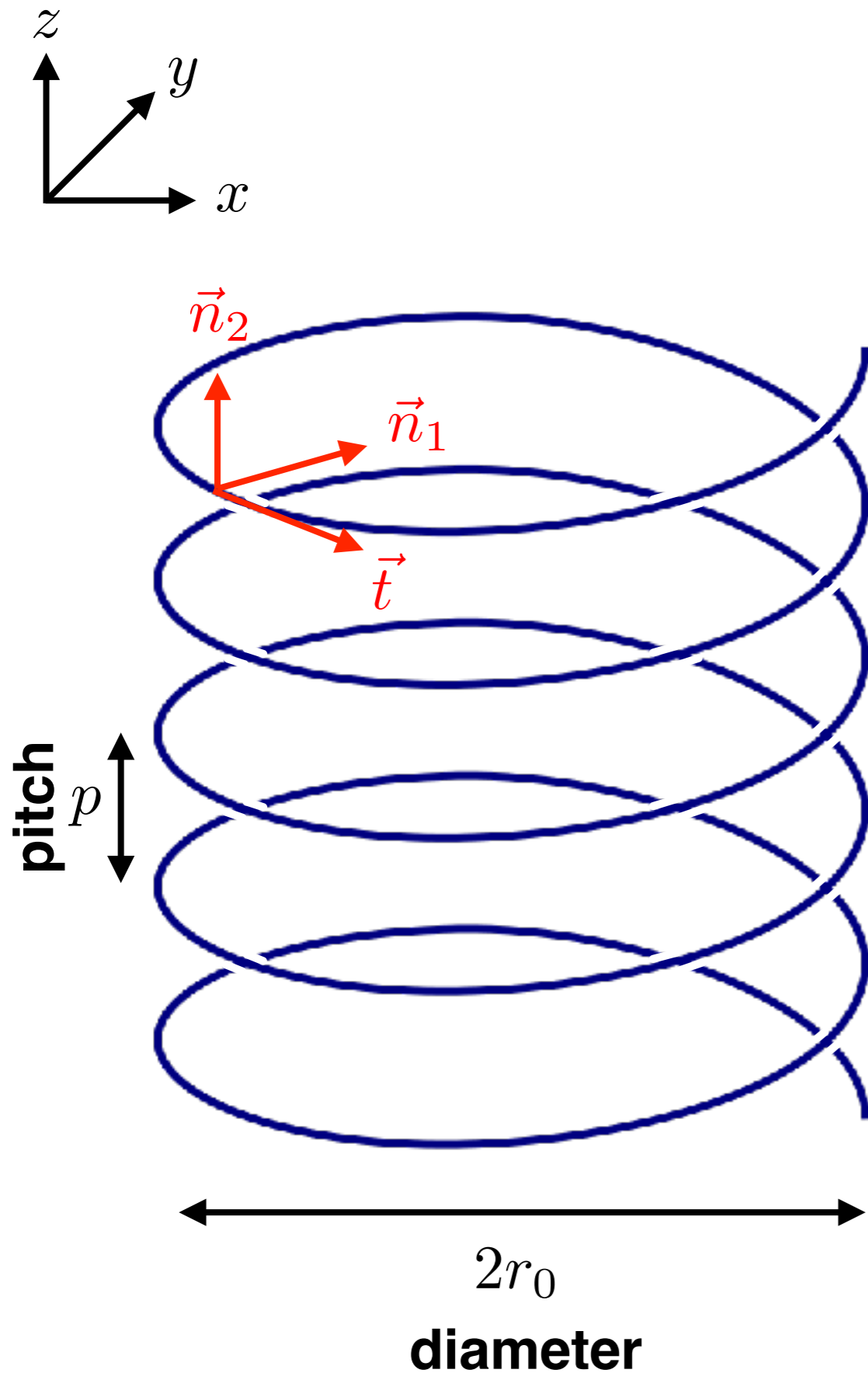
$$\vec{r}(s) = \left( r_0 \cos(s/\lambda), r_0 \sin(s/\lambda), \frac{p}{2\pi\lambda} s \right)$$

**Set  $\lambda$  to fix the metric in natural parametrization:**

$$\vec{t}(s) = \frac{d\vec{r}}{ds} = \left( -\frac{r_0}{\lambda} \sin(s/\lambda), \frac{r_0}{\lambda} \cos(s/\lambda), \frac{p}{2\pi\lambda} \right)$$
$$g = \vec{t} \cdot \vec{t} = \frac{r_0^2}{\lambda^2} + \frac{p^2}{4\pi^2\lambda^2} = 1$$

$$\lambda = \sqrt{r_0^2 + (p/2\pi)^2}$$

# Helix



## Mathematical description

$$\vec{r}(s) = \left( r_0 \cos(s/\lambda), r_0 \sin(s/\lambda), \frac{p}{2\pi\lambda} s \right)$$

$$\lambda = \sqrt{r_0^2 + (p/2\pi)^2}$$

## Tangent and normal vectors

$$\vec{t}(s) = \frac{d\vec{r}}{ds} = \left( -\frac{r_0}{\lambda} \sin(s/\lambda), \frac{r_0}{\lambda} \cos(s/\lambda), \frac{p}{2\pi\lambda} \right)$$

$$\vec{n}_1(s) = \left( -\cos(s/\lambda), -\sin(s/\lambda), 0 \right)$$

$$\vec{n}_2(s) = \left( \frac{p}{2\pi\lambda} \sin(s/\lambda), -\frac{p}{2\pi\lambda} \cos(s/\lambda), \frac{r_0}{\lambda} \right)$$

## Helix curvatures

$$\vec{n}_1 \cdot \frac{d^2\vec{r}}{ds^2} = \frac{r_0}{\lambda^2} = \frac{r_0}{r_0^2 + (p/2\pi)^2} = K$$

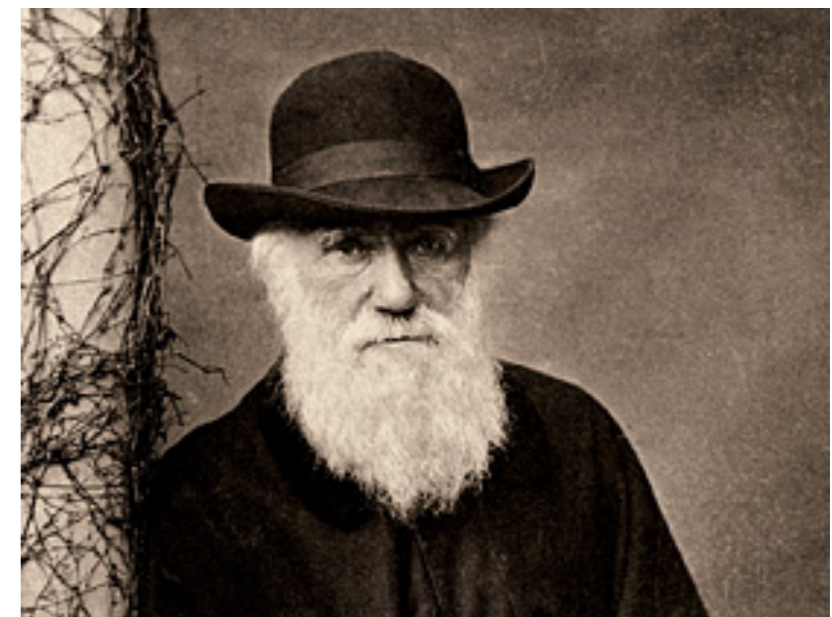
$$\vec{n}_2 \cdot \frac{d^2\vec{r}}{ds^2} = 0$$

# Cucumber tendril climbing via helical coiling



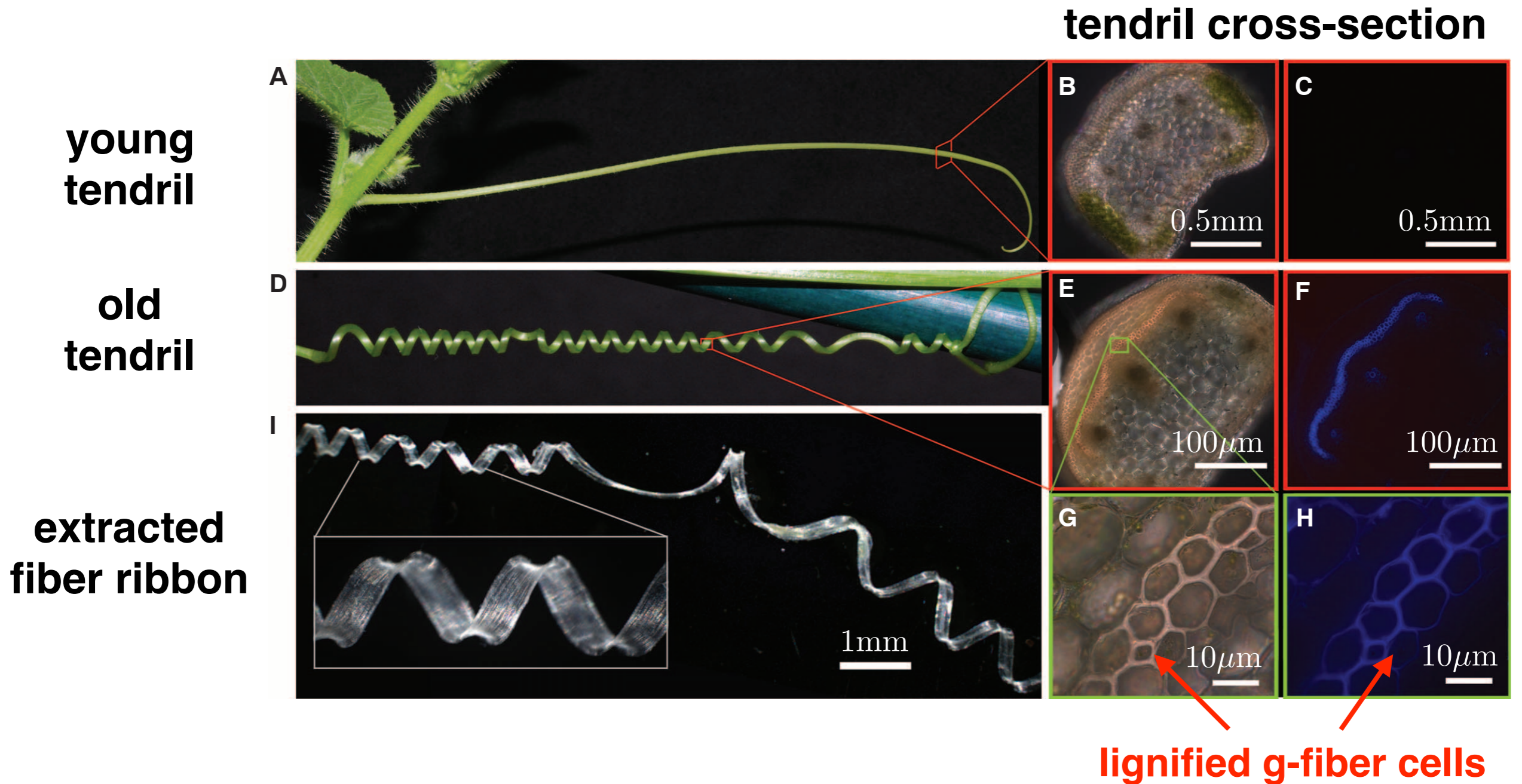
**Cucumber tendrils want to pull themselves up above other plants in order to get more sunlight.**

**Already studied by Charles Darwin in 1865:**



S. J. Gerbode et al., Science 337, 1087 (2012)

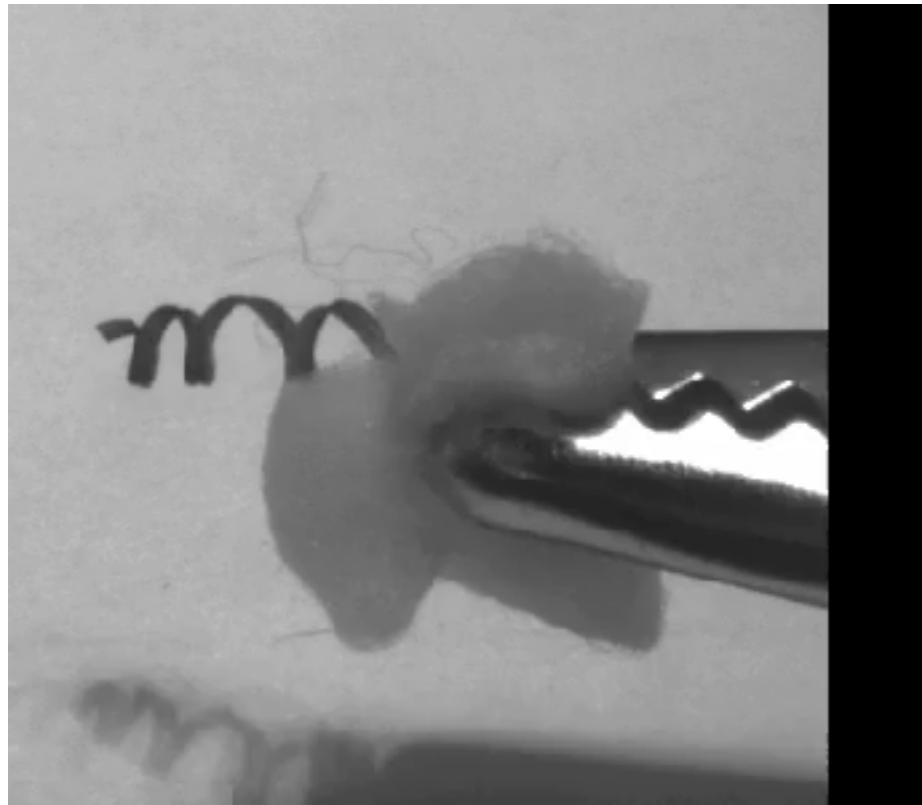
# Helical coiling of cucumber tendril



**Coiling in older tendrils is due to a thin layer of stiff, lignified gelatinous fiber cells, which are also found in wood.**

# Helical coiling of cucumber tendril

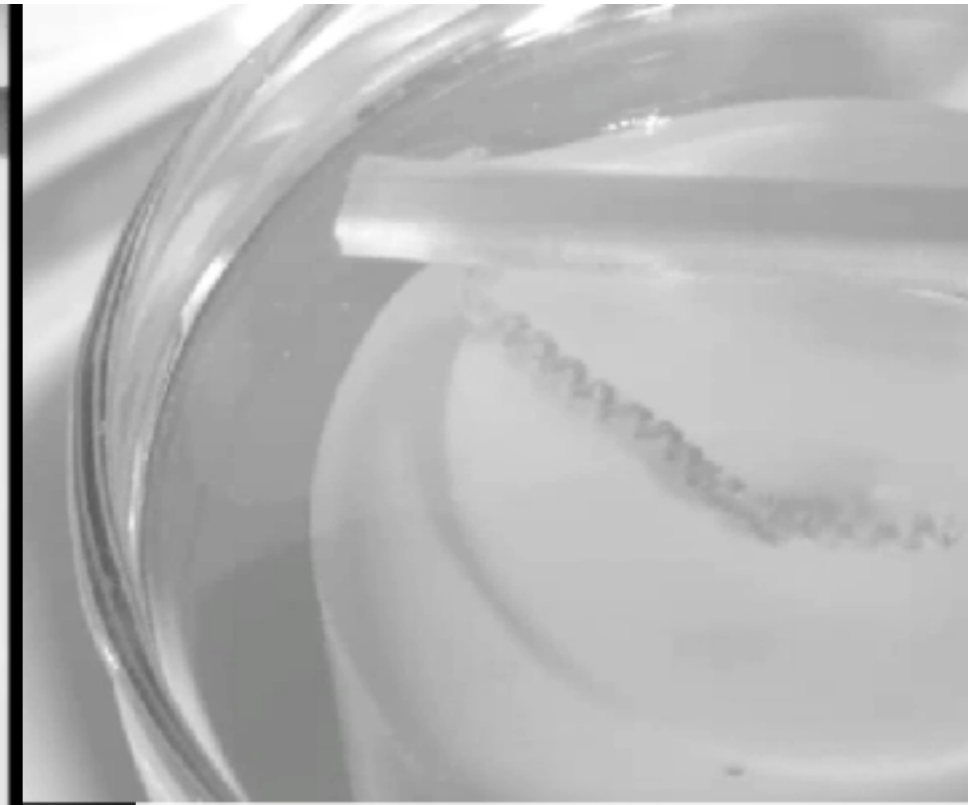
**Drying of fiber ribbon increases coiling**



**Drying of tendril increases coiling**

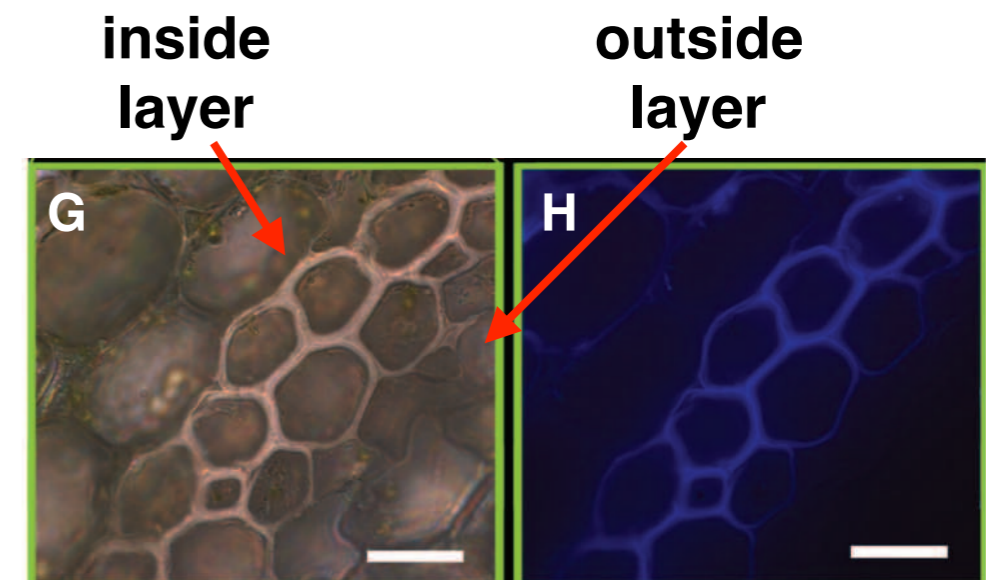


**Rehydrating of tendril reduces coiling**



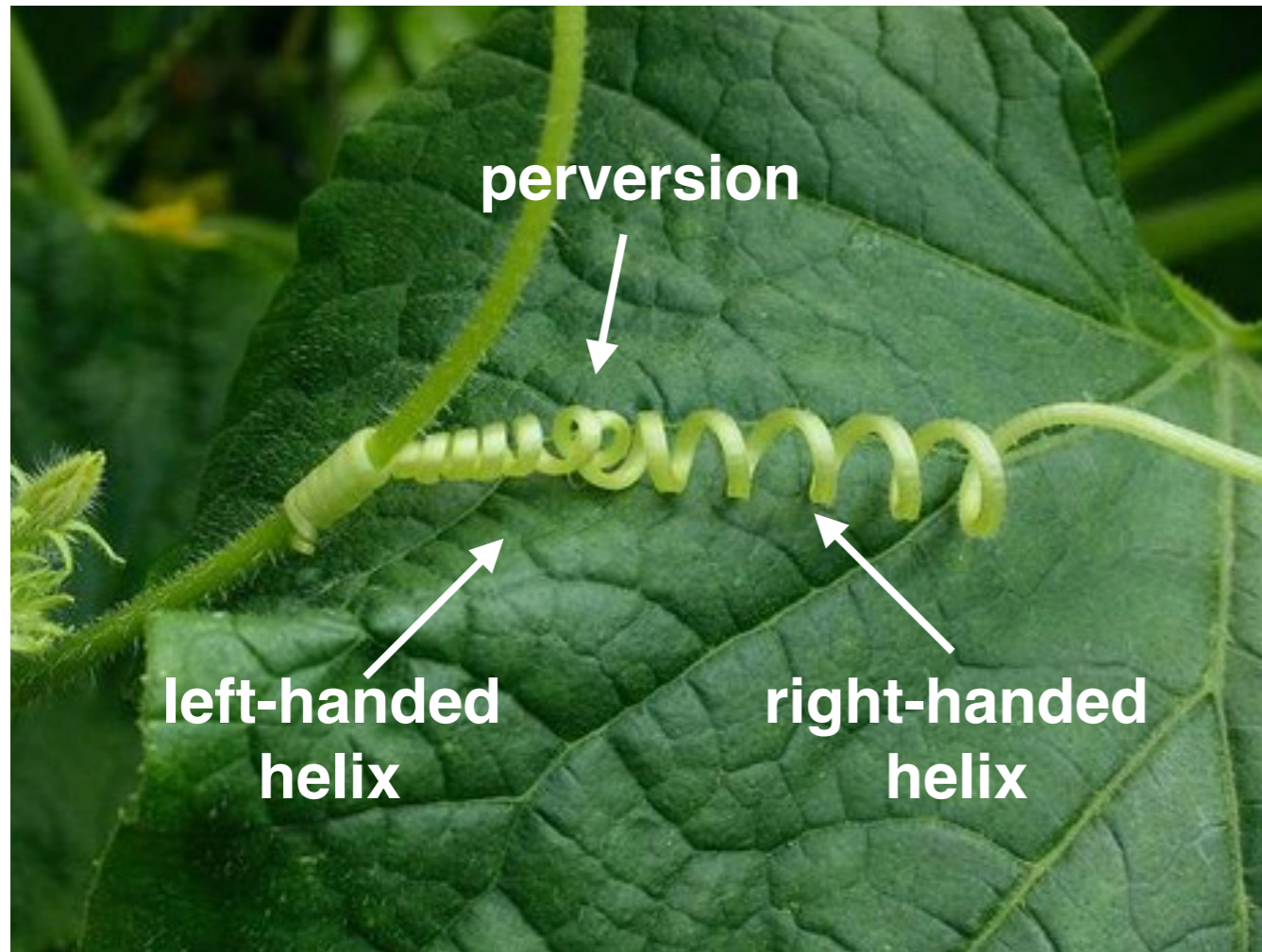
**During the lignification of g-fiber cells water is expelled, which causes shrinking.**

**The inside layer is more lignified and therefore shrinks more and is also stiffer than the outside layer.**



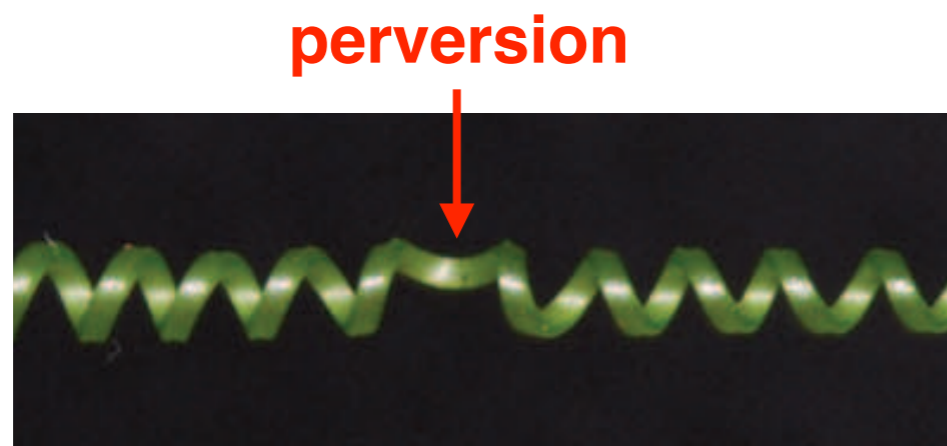


# Coiling of tendrils in opposite directions



Ends of the tendril are fixed and cannot rotate. This constraints the linking number.

$$\text{Link} = \text{Twist} + \text{Writhe}$$



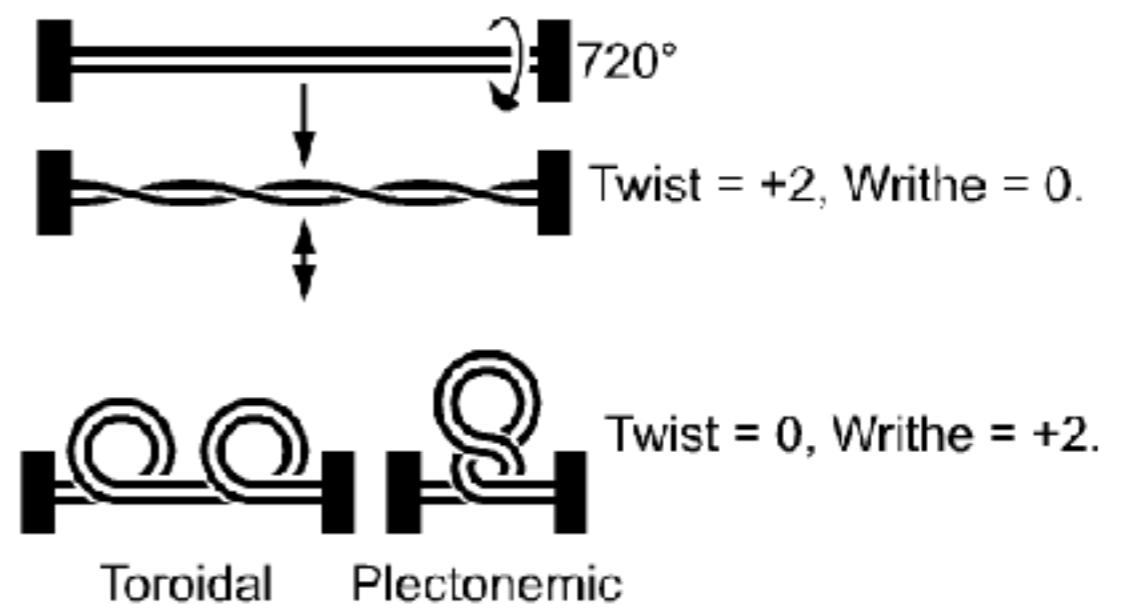
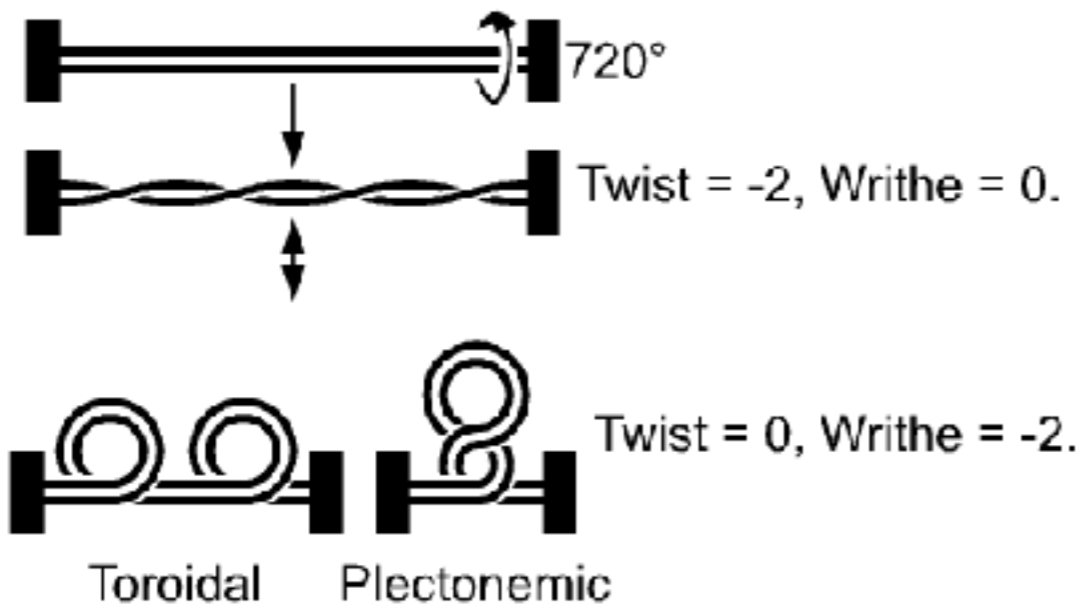
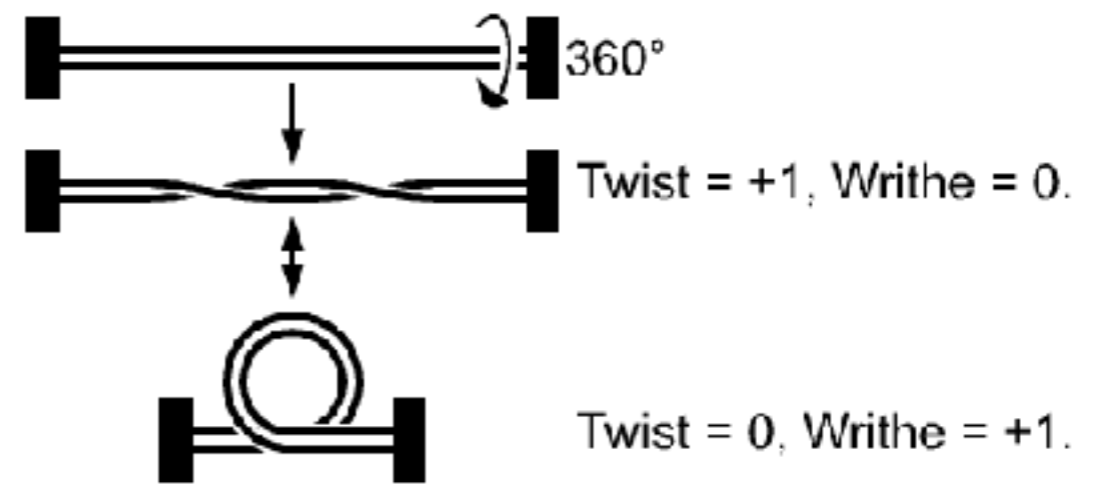
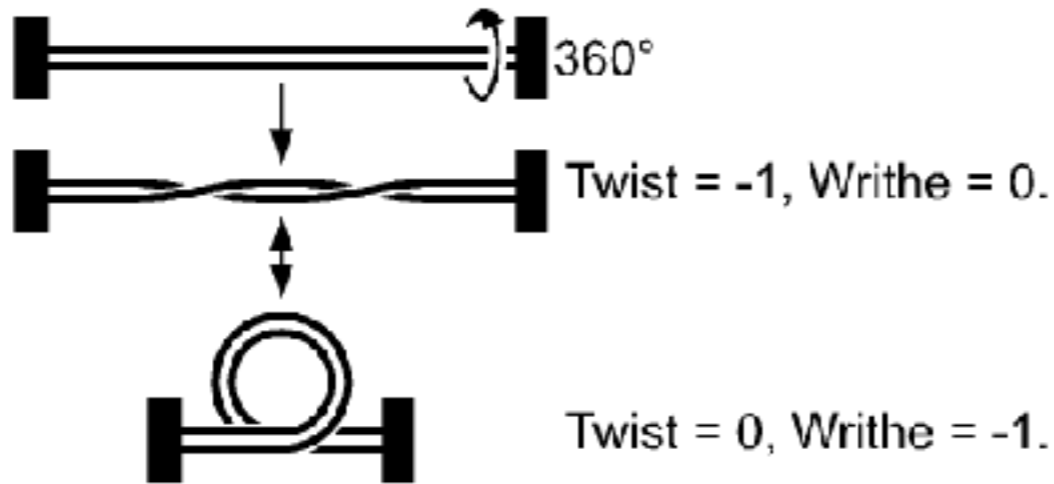
# Twist, Writhe and Linking numbers

$L_n = Tw + Wr$

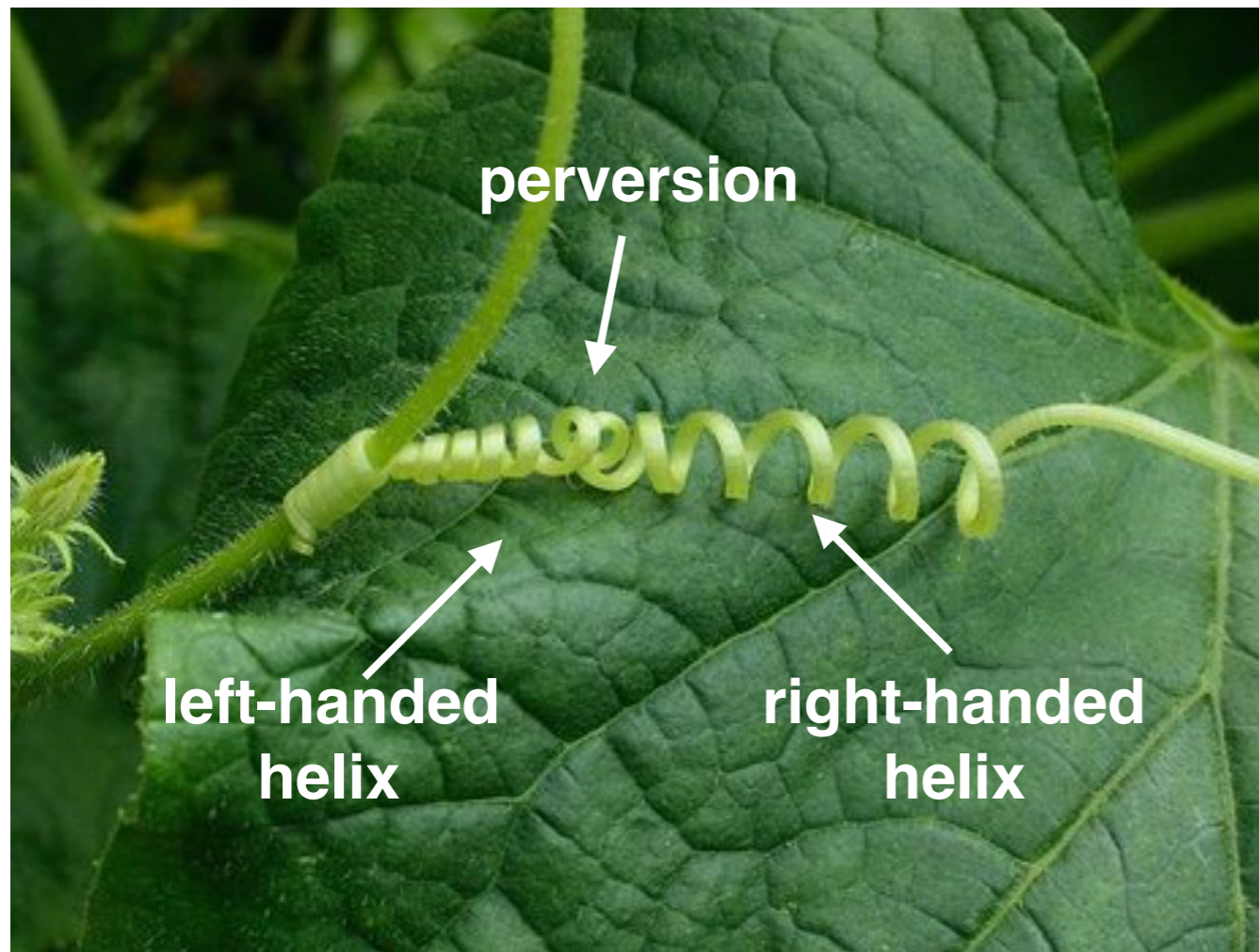
**linking number: total number of turns of a particular end**

**Tw** twist: number of turns due to twisting the beam

**Wr** writhe: number of crossings when curve is projected on a plane



# Coiling of tendrils in opposite directions



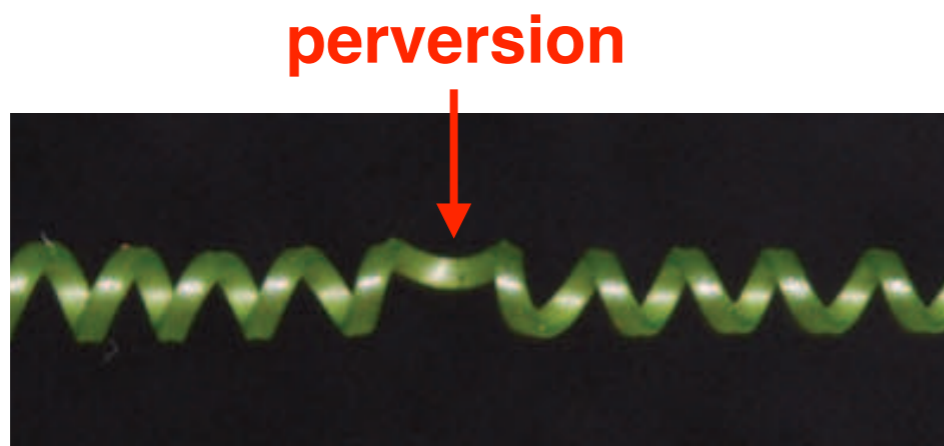
Ends of the tendril are fixed and cannot rotate. This constraints the linking number.

$$\text{Link} = \text{Twist} + \text{Writhe}$$

Coiling in the same direction increases Writhe, which needs to be compensated by the twist.

In order to minimize the twisting energy tendrils combine two helical coils of opposite handedness (=opposite Writhe).

Note: there is no bending energy when the curvature of two helices correspond to the spontaneous curvature due to the differential shrinking of fiber.



# Overwinding of tendril coils

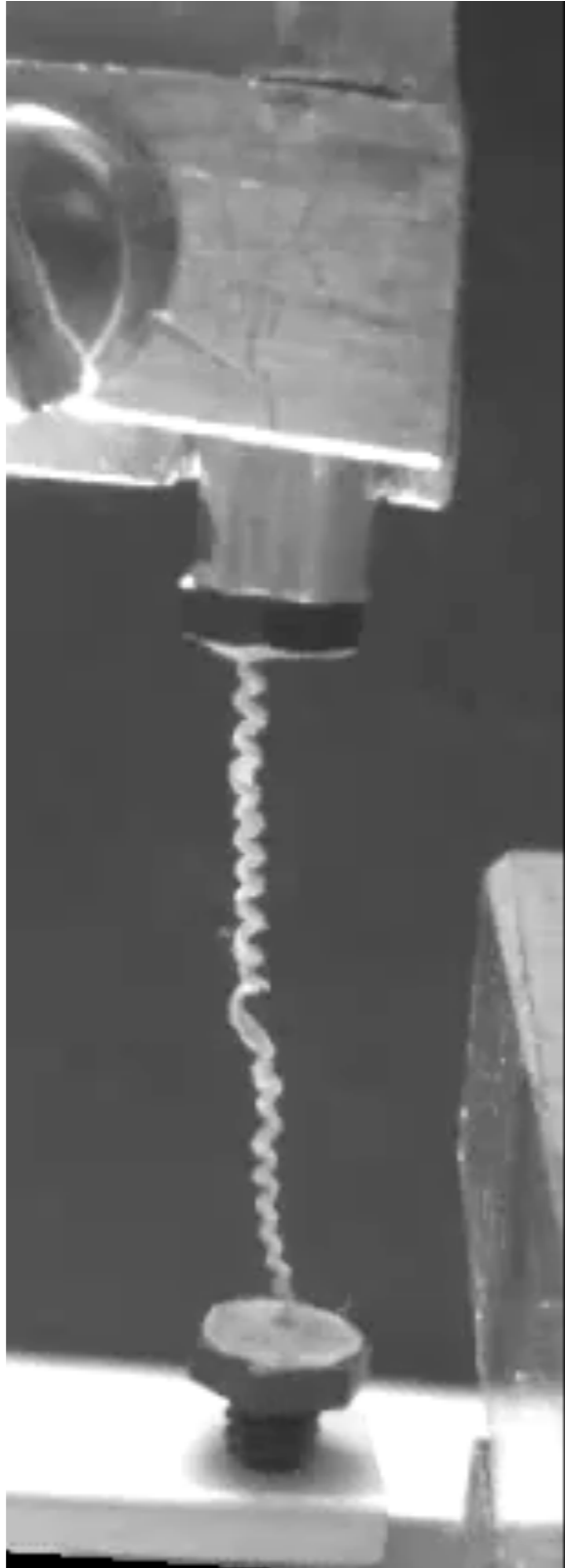
Old tendrils overwind when stretched.

Rubber model unwinds when stretched.

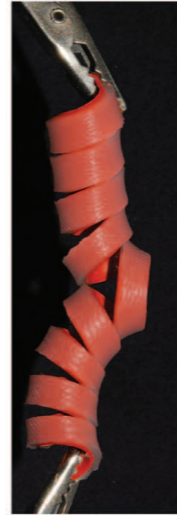
relaxed



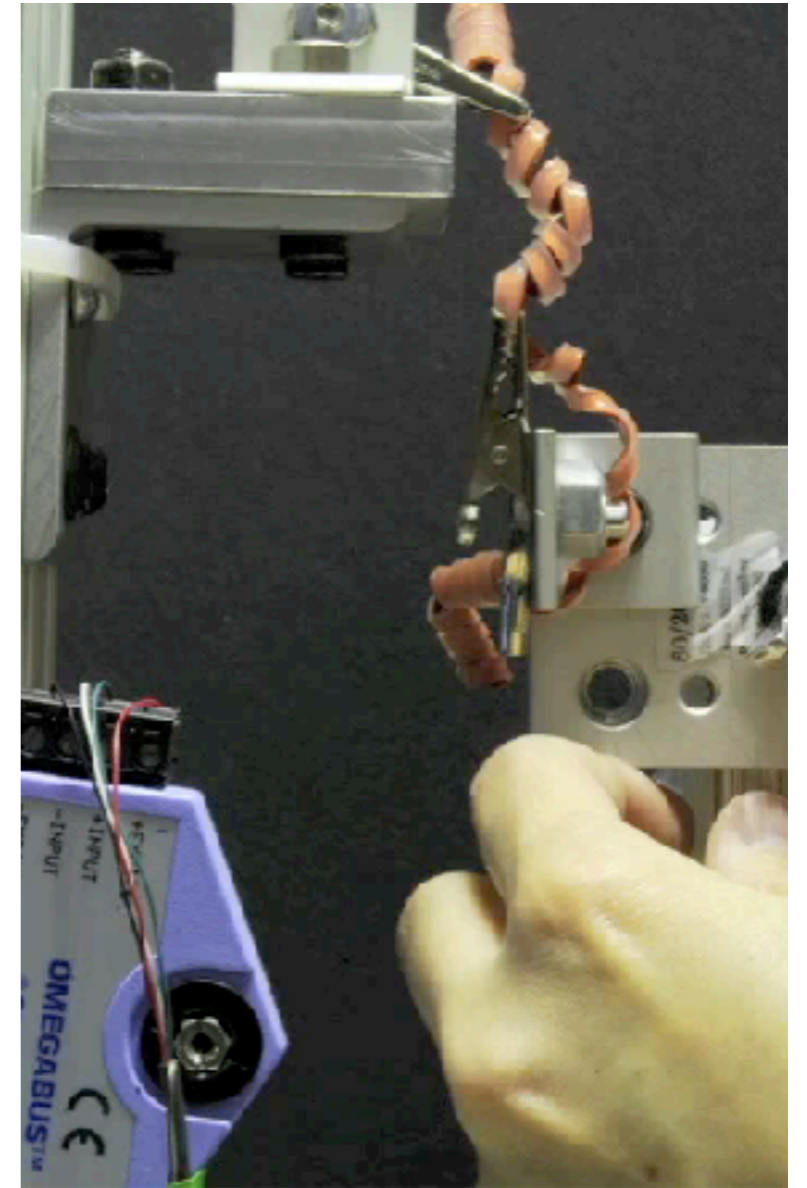
stretched



relaxed

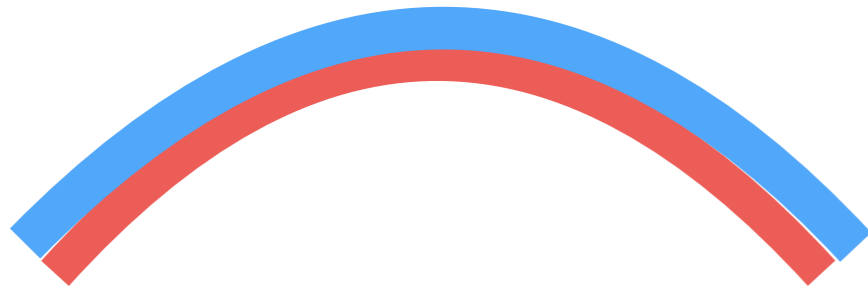


stretched



# Overwinding of tendril coils

**Preferred curved state**



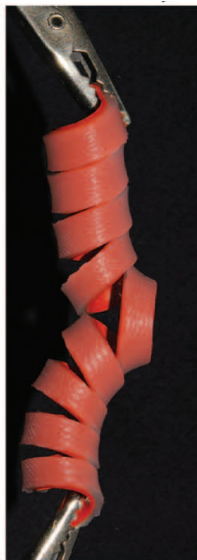
**Flattened state**



**In tendrils the red inner layer is much stiffer than the outside blue layer.**

**High bending energy cost associated with stretching of the stiff inner layer!**

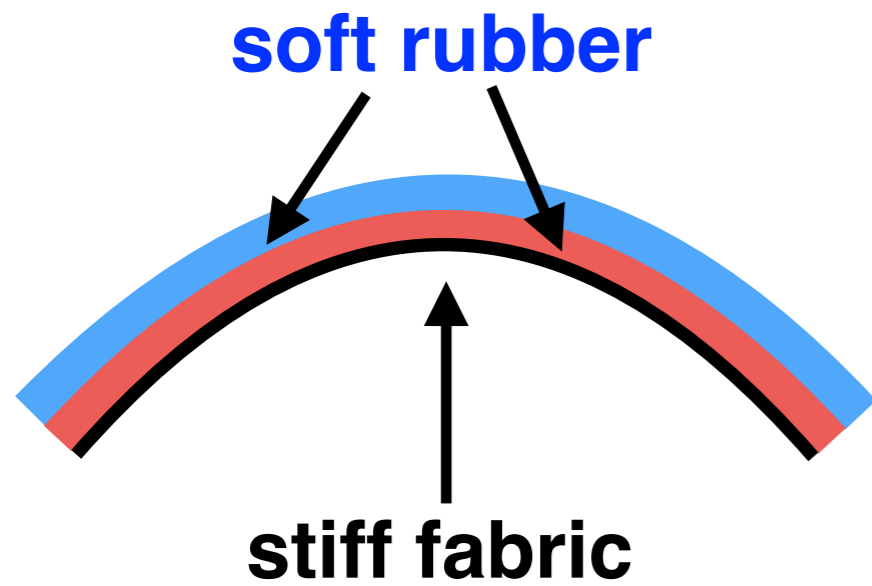
**Tendrils try to keep the preferred curvature when stretched!**



**In rubber models both layers have similar stiffness.**

**Small bending energy.**

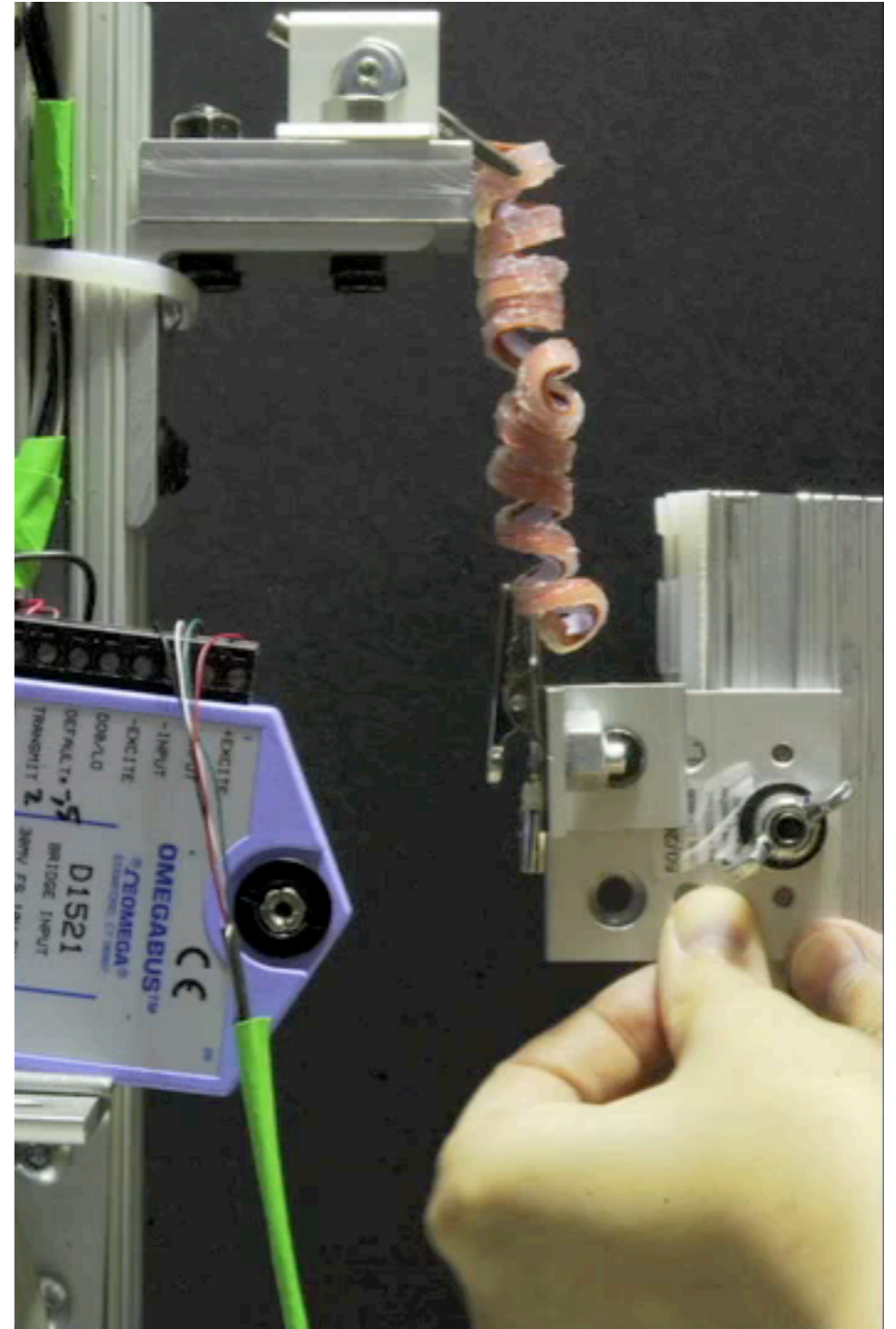
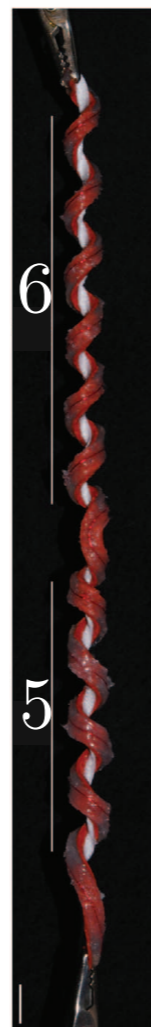
# Overwinding of rubber models with an additional stiff fabric on the inside layers



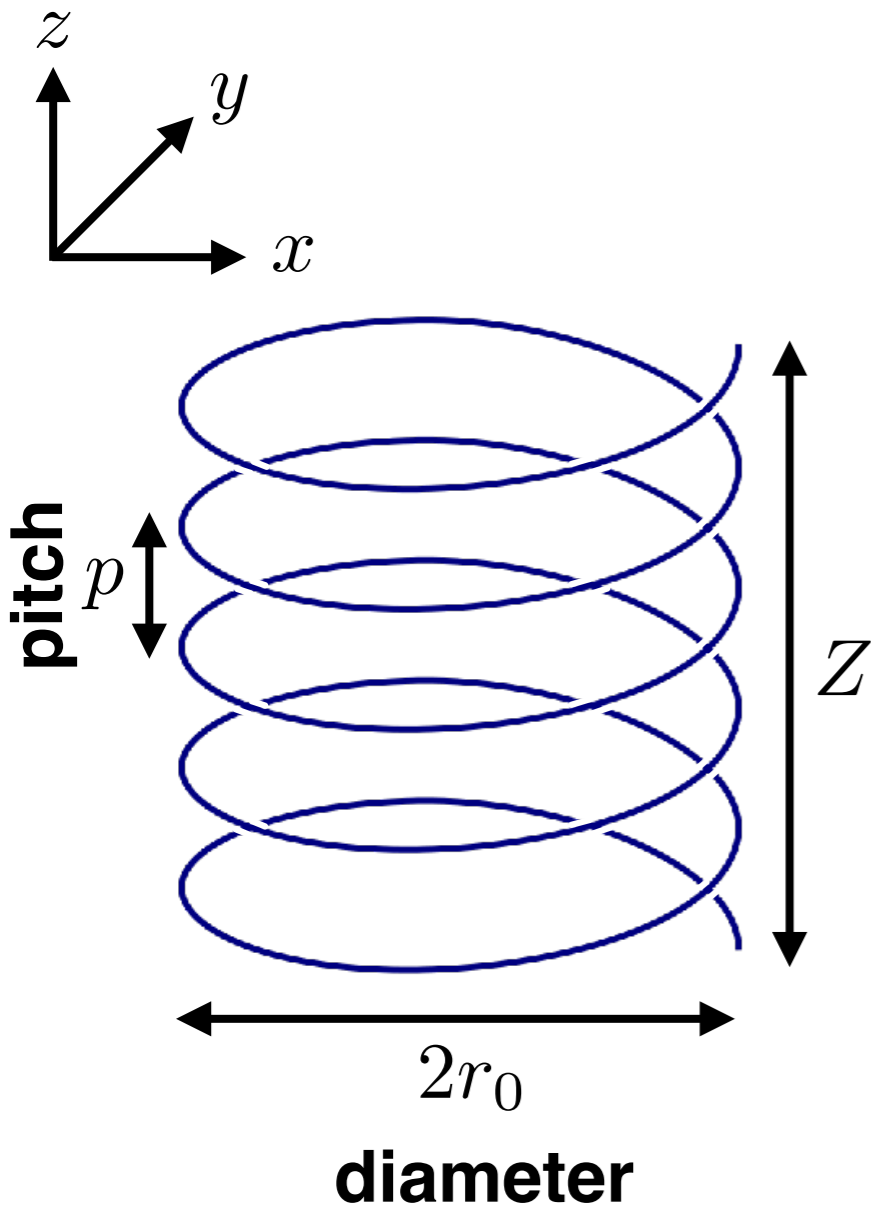
relaxed



stretched



# Overwinding of helix with infinite bending modulus



## Mathematical description

$$\vec{r}(s) = \left( r_0 \cos(s/\lambda), r_0 \sin(s/\lambda), \frac{p}{2\pi\lambda} s \right)$$

$$\lambda = \sqrt{r_0^2 + (p/2\pi)^2} \quad Z = pN = p(L/2\pi\lambda)$$

**Infinite bending modulus fixes the helix curvature during stretching**

$$K = \frac{r_0}{r_0^2 + (p/2\pi)^2}$$

## Helix pitch and radius

$L$  length of the helix backbone

$N = \frac{Z}{p}$  number of loops

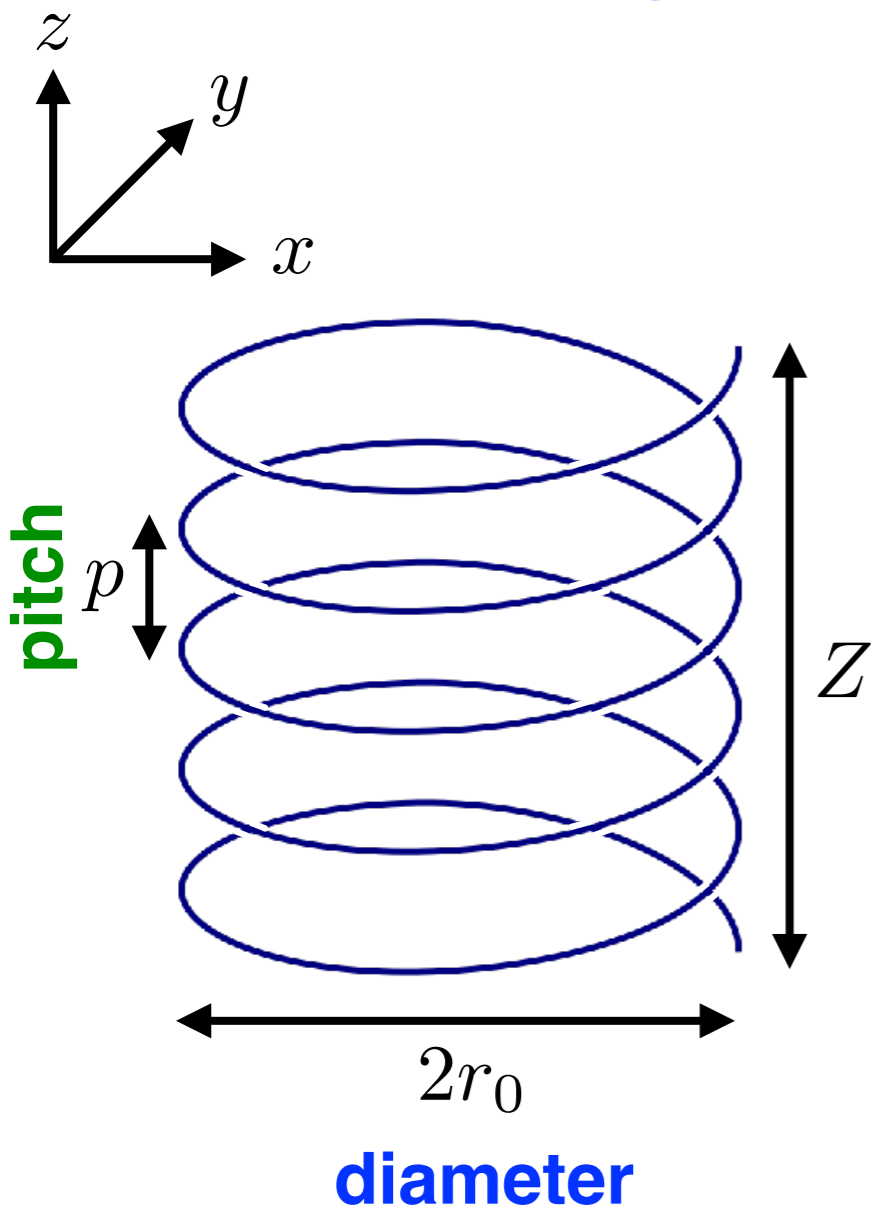
$$r_0 = \frac{1}{K} \left( 1 - \frac{Z^2}{L^2} \right)$$

$$p = \frac{2\pi Z}{KL} \sqrt{1 - \frac{Z^2}{L^2}}$$

**Number of loops**

$$N = \frac{Z}{p} = \frac{KL}{2\pi \sqrt{1 - (Z/L)^2}}$$

# Overwinding of helix with infinite bending modulus



## Helix pitch and radius

$$r_0 = \frac{1}{K} \left( 1 - \frac{Z^2}{L^2} \right)$$

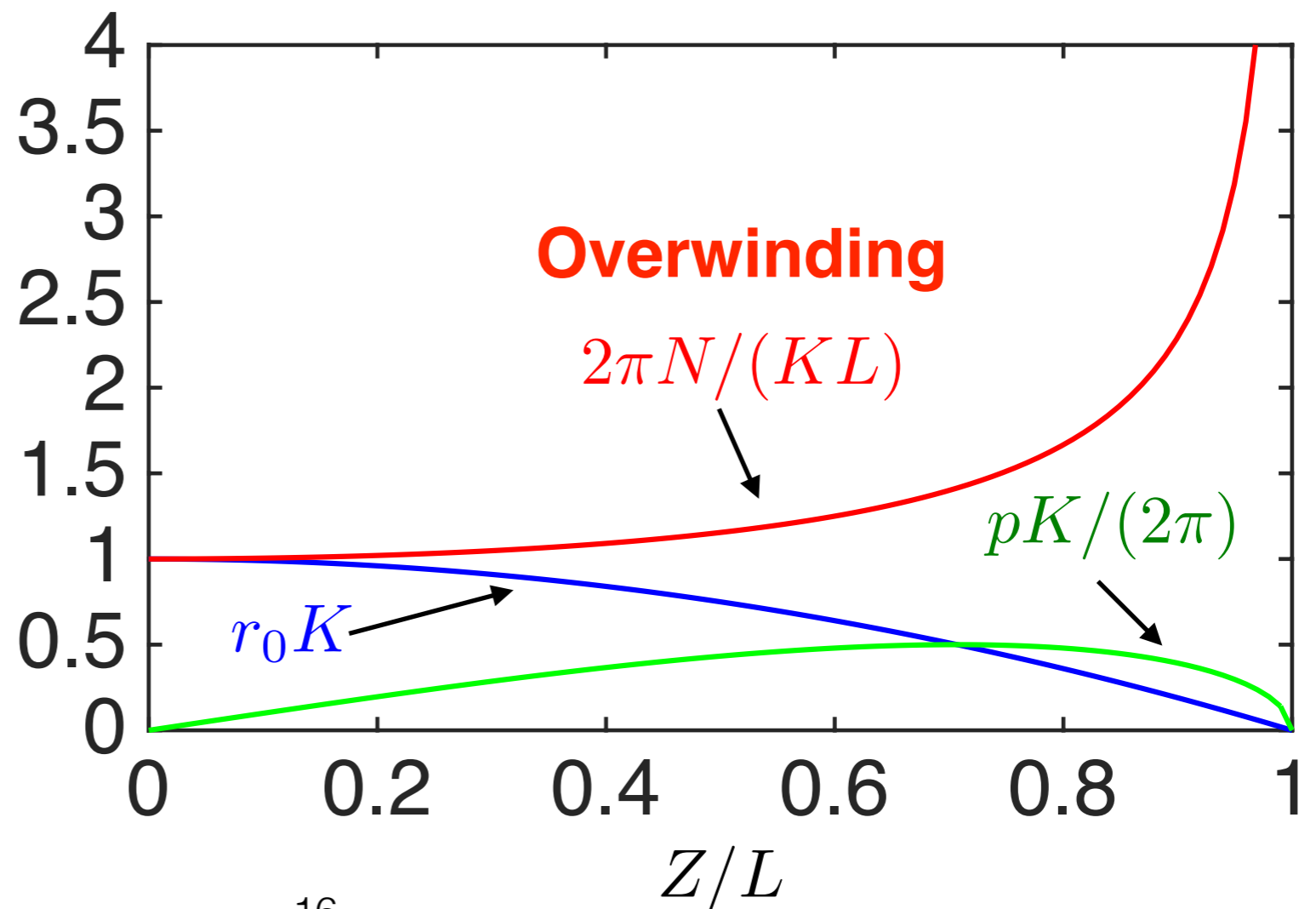
$$p = \frac{2\pi Z}{KL} \sqrt{1 - \frac{Z^2}{L^2}}$$

## Number of loops

$$N = \frac{Z}{p} = \frac{KL}{2\pi \sqrt{1 - (Z/L)^2}}$$

$L$  length of the helix backbone

$N = \frac{Z}{p}$  number of loops





# Spirals in nature

**shells**



**beaks**



**claws**



**horns**



**teeth**



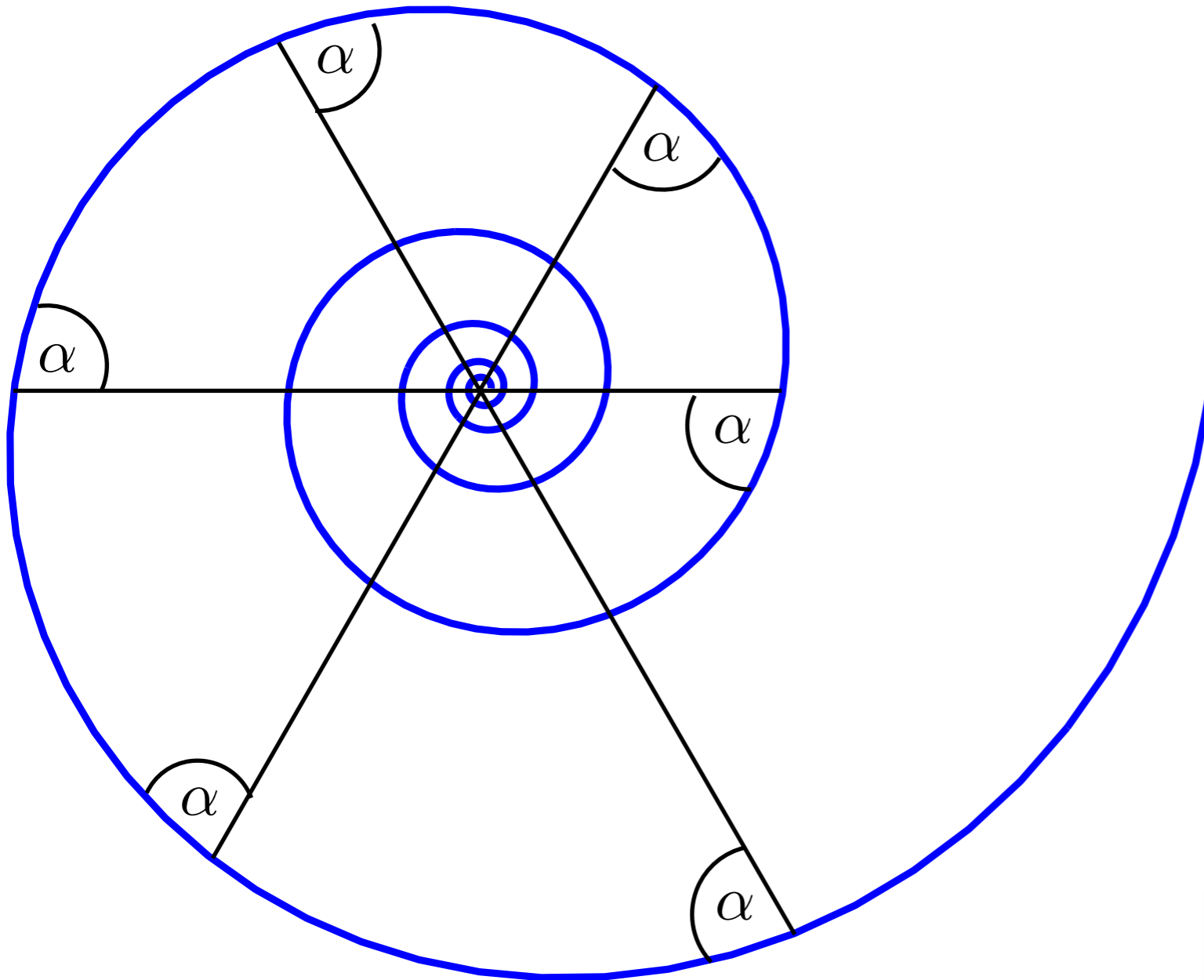
**tusks**



**What simple mechanism could produce spirals?**

# Equiangular (logarithmic) spiral

$$\alpha = 82^\circ$$



in polar coordinates radius grows exponentially

$$r(\theta) = a^\theta = \exp(\theta \cot \alpha)$$

$$\cot \alpha = \ln a$$

name logarithmic spiral:

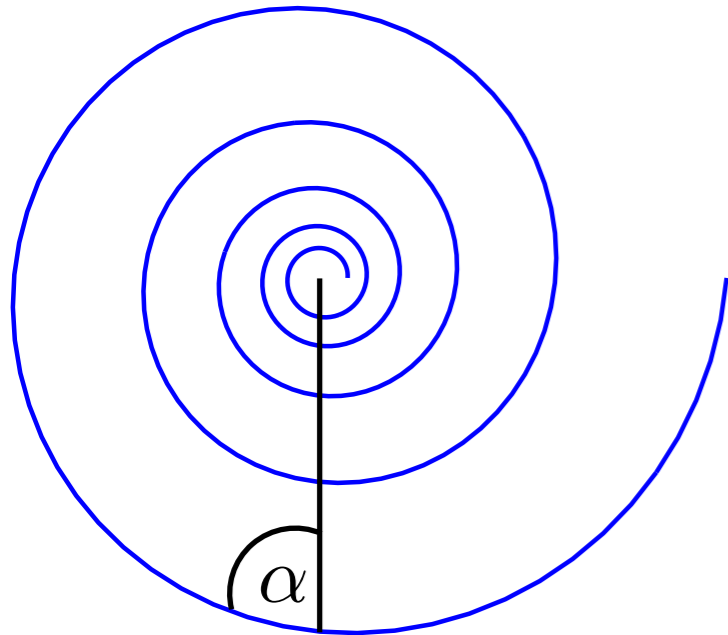
$$\theta = \frac{\ln r}{\ln a}$$

**Ratio between growth velocities in the radial and azimuthal directions is constant!**

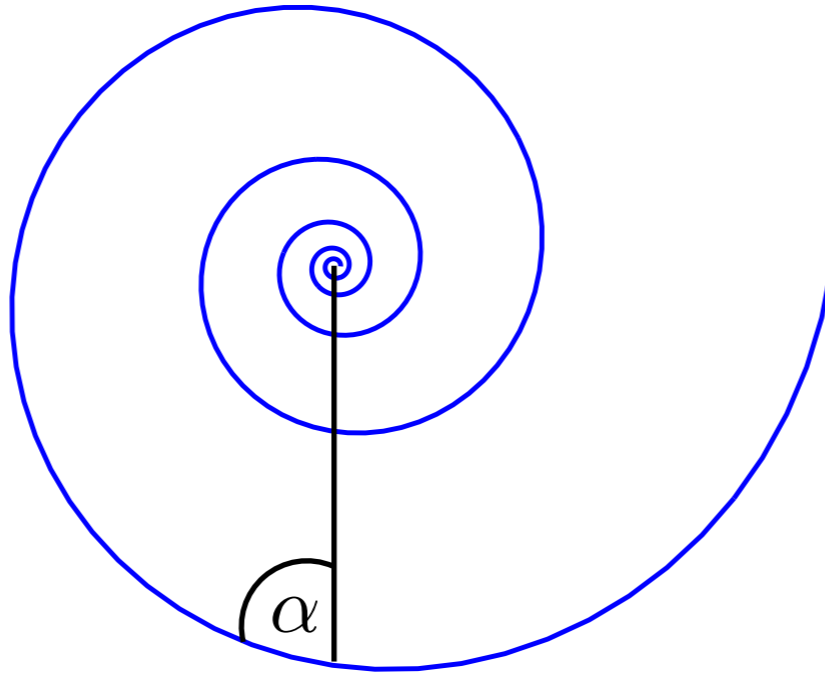
$$\cot \alpha = \frac{dr}{r d\theta} = \frac{dr/dt}{r d\theta/dt} = \frac{v_r}{v_\theta}$$

# Equiangular (logarithmic) spiral

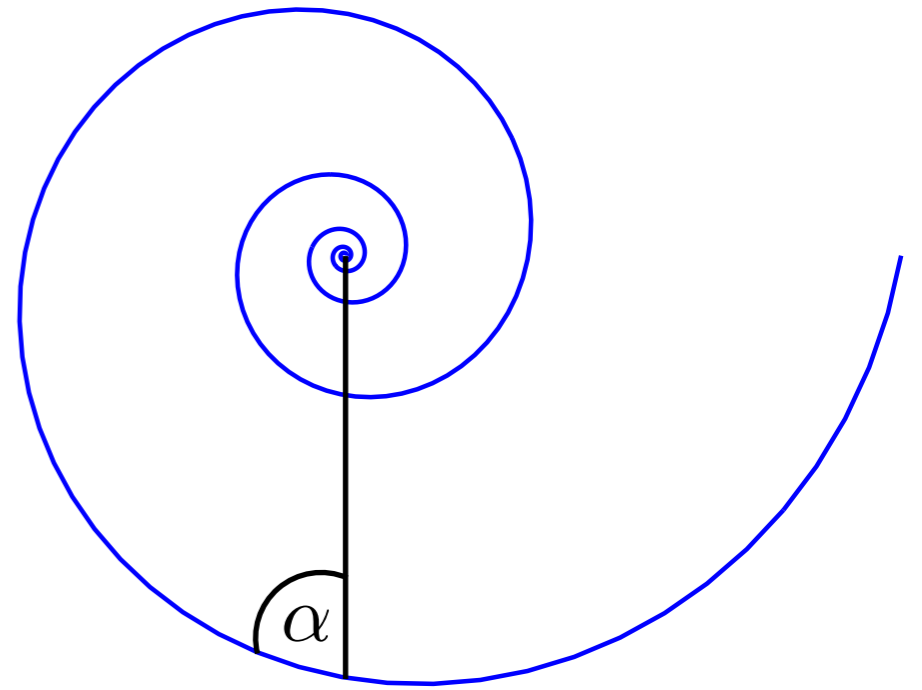
$$\alpha = 85^\circ$$



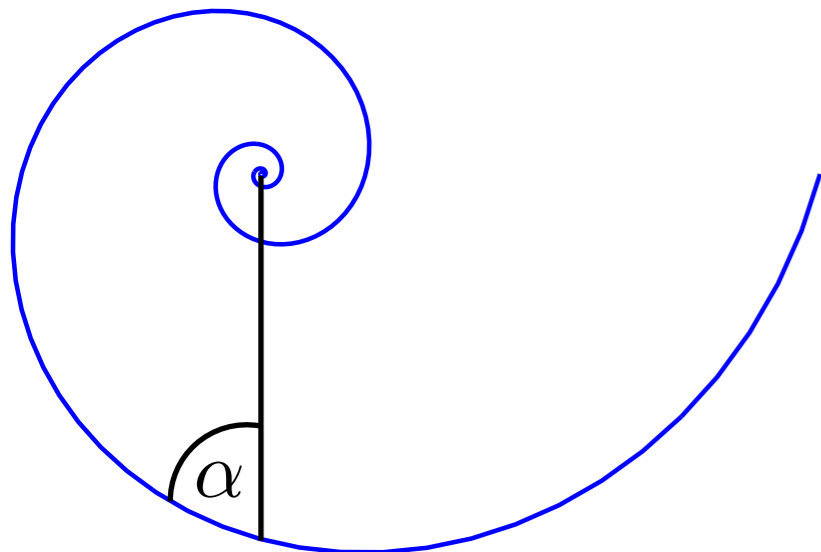
$$\alpha = 82^\circ$$



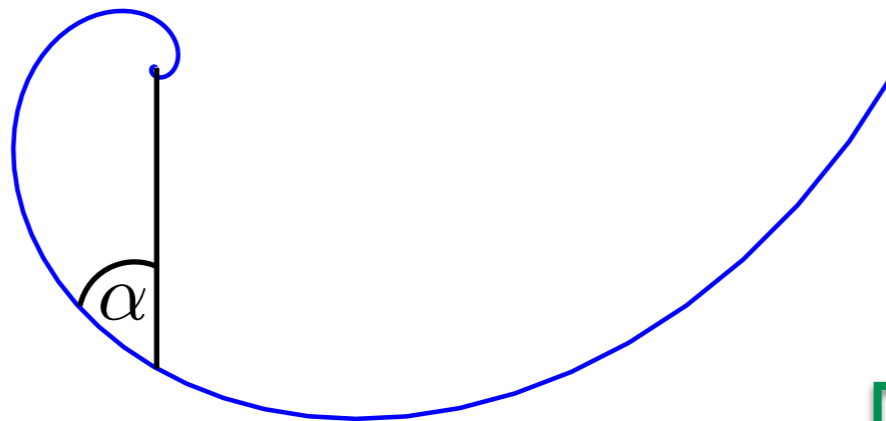
$$\alpha = 80^\circ$$



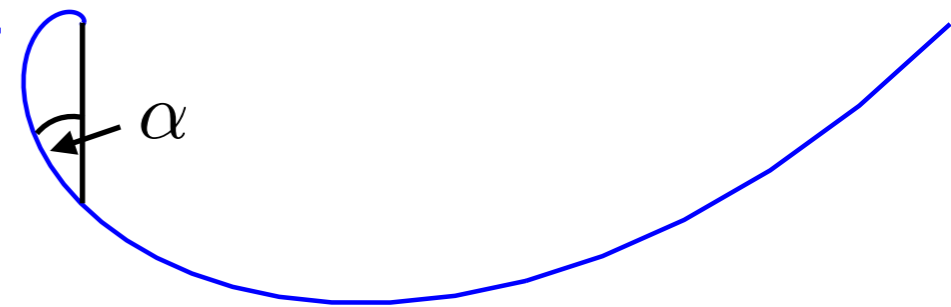
$$\alpha = 75^\circ$$



$$\alpha = 60^\circ$$

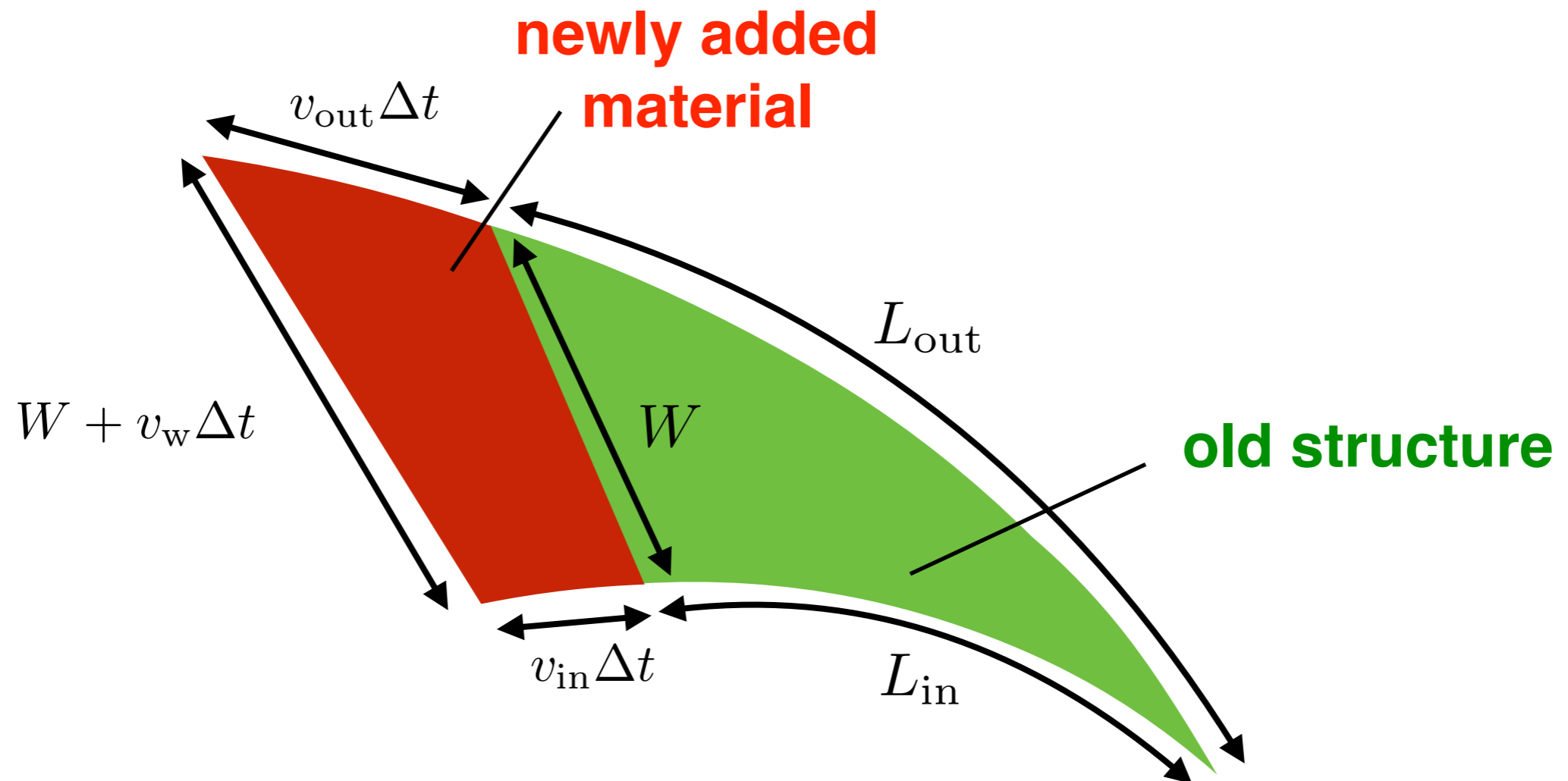


$$\alpha = 45^\circ$$



$$r(\theta) = a^\theta = \exp(\theta \cot \alpha)$$

# Growth of spiral structures



**New material is added at a constant ratio of growth velocities, which produces spiral structure with side lengths and the width in the same proportions.**

$$v_{out} : v_{in} : v_W = L_{out} : L_{in} : W$$

**Note: growth with constant width ( $v_w=0$ ) produces helices**

# Growth of spiral structures

Assume the following spiral profiles of the outer and inner layers:

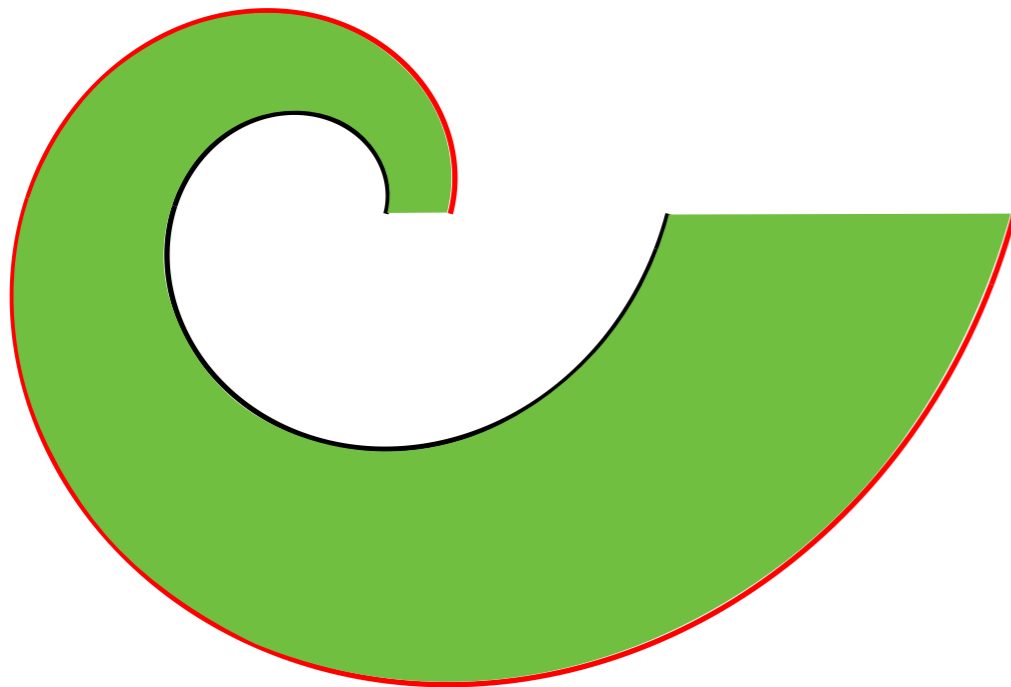
$$r_{\text{out}}(\theta) = e^{\theta \cot \alpha}$$

$$r_{\text{in}}(\theta) = \lambda e^{\theta \cot \alpha}$$

$$\lambda < 1$$

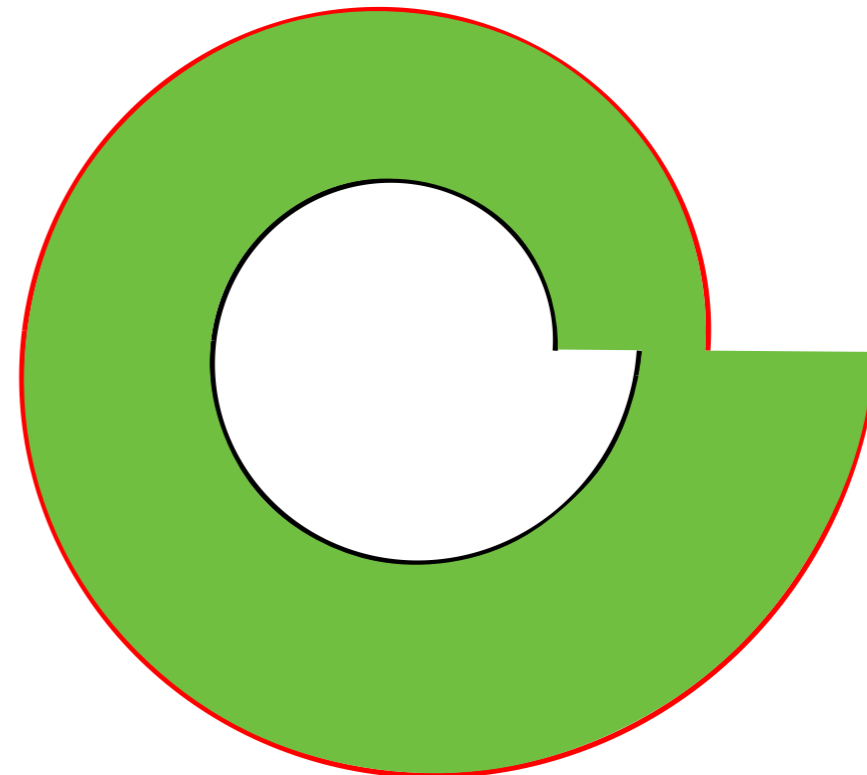
$$\lambda e^{2\pi \cot \alpha} > 1$$

$$\lambda = 0.5, \alpha = 75^\circ$$



$$\lambda e^{2\pi \cot \alpha} < 1$$

$$\lambda = 0.5, \alpha = 86^\circ$$

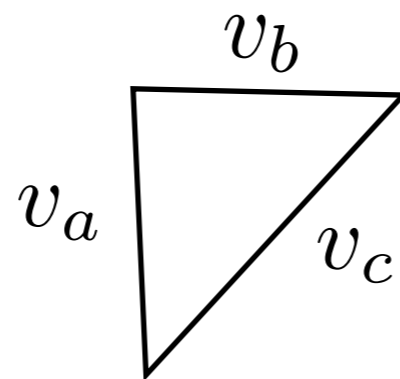


**In some shells the inner layer does not grow at all**

# 3D spirals



**3D spiral of ram's horns is due to the triangular cross-section of the horn, where each side grows with a different velocity.**



**Shells of mollusks are often conical**